

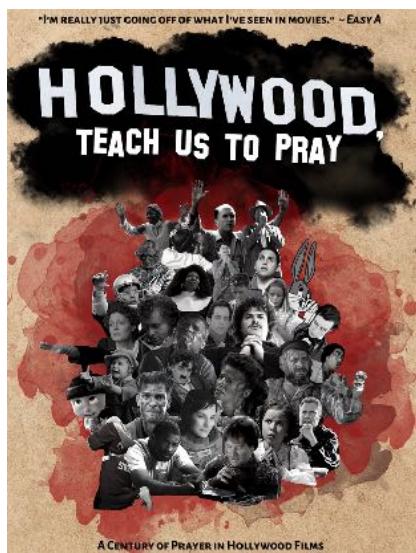
Second Life+

A Monthly Newsletter

February 2023

Special Events Prepare Minds and Hearts for Lent

Get together with your Second family for these fun and meaningful activities



"Hollywood, Teach Us to Pray": A Mission Partner Fundraiser

Sunday, February 5, 7 to 9 p.m.

Naro Expanded Cinema, 1507 Colley Ave., Norfolk

Please join us Sunday, February 5, 7 to 9 p.m. at the Naro Expanded Cinema for a screening of "Hollywood, Teach Us to Pray," a film from Terry Lindvall on a century of prayer in Hollywood movies.

After the film, Terry Lindvall, C.S. Lewis Professor at Virginia Wesleyan University, and Robert Shoup, Founding Artistic Director of the Norfolk Street Choir Project and SPC's Director of Music, will talk briefly about the importance of faith and the arts. Cost: \$10 (with donations appreciated).

All proceeds will go to the Norfolk Street Choir Project, an SPC mission partner, so please come out and invite friends to attend.

Pizza, Salad, and Spiritual Health: Responding to Anxiety with Rev. Dr. Larry Toney

Wednesday, February 8, 6 to 7:20 p.m., SPC fellowship hall

According to a recent poll by the American Psychiatric Association, 62% of respondents reported feeling more anxious than the previous year. The poll results found that Americans are anxious about safety (80%), their health (73%), gun violence (73%), and the election cycles (72%).



We know anxiety adversely affects our health and our relationships. How can we better manage anxiety and help others who struggle with it? What does the Bible have to say about it? We know Jesus talked about it!

Join us for this helpful discussion with Rev. Dr. Larry Toney, a retired Army chaplain, National Certified Counselor, and friend of Second.



continued

Let the Pancakes Roll—Mardi Gras/Shrove Tuesday: A “To Go” Tradition

Tuesday, February 21, 4:30 to 6 p.m., SPC parking lot and fellowship hall



The term Mardi Gras is French for Fat Tuesday. It refers to the final night of eating rich, fatty foods before the ritual fasting of the Lenten season begins the next day, Ash Wednesday. Many Christians have traditionally celebrated this day by eating pancakes—which is way tamer than what people experience in New Orleans.

On Tuesday, February 21, our “Feed My Sheep” volunteers—those who give their time to our feeding ministry—will serve you pancakes, sausage, and syrup. A gluten-free option will be available.

An order email will arrive in your inbox the week before. Please respond to it by noon, February 21 (Shrove Tuesday), with the desired number of meals and estimated pick-up time. Then enter the parking lot at the North Shore entrance, drive up to the serving site, get your to-go boxes, or park and join the fellowship inside. To avoid traffic congestion if you’re getting to-go boxes, exit directly onto Hampton Boulevard.

In lieu of a specific price, please consider a donation for Second’s “Feed My Sheep” outreach.

Laissez le bon temps rouler: Let the good times roll, and join us for some fun food and a meaningful tradition before we enter the season of Lent.

The Seven Symbols of Ash and a New Start: A Family-Friendly Interactive Ash Wednesday Service

Ash Wednesday, February 22, 5:45 p.m. meal, 6:30 p.m. worship service

Ash Wednesday is a smudge on the liturgical calendar reminding us that as we number our days, there will be an end to them.

Ash Wednesday is fundamentally not about focusing on your fallen nature or your eventual death. It is fixing your eyes on Jesus, remembering his promises, and thinking about the most important part of our life.

Our Ash Wednesday service begins at 6:30. If you have purple clothing, please wear it and join us for a tactile and family-friendly service, including imposition of ashes. If you’re able, please join us at 5:45 p.m. for a meal in the fellowship hall, along with some fun and meaningful (deliberate!) table conversation as we begin this season of Lent.

THE
SEVEN
SYMBOLS
OF
ASH



40+ Days of Lenten Prayer

Although we—as a church family—don’t physically gather together during each day of Lent, we do gather together through prayer. Early each day during Lent, through email we will share a meaningful prayer.

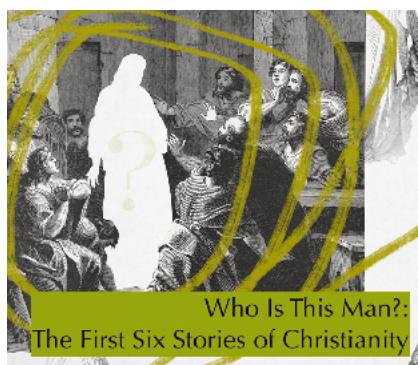


If you’re able to do so, we encourage you to set aside a moment and click on a worshipful, spoken version of the prayer, complete with a musical setting. The email will include the written version of the prayer as well. Please join us each day, starting Ash Wednesday, in praying together.

Current Sermon Series

Who Is This Man? The First Six Stories of Christianity

January 29 – February 19



The very first gospel was written by Mark. He doesn't start with a genealogy or even the birth of Jesus, but within the first chapter (or actually, the first 57 verses), he shares six stories from the beginning of Jesus' ministry that show not only who Jesus was, but who we are called to be as well. Join us as we look at familiar stories in a new light.

- January 29 "Why Unclean Spirits Matter" (Mark 1:21-28)
- February 5 "Why Jesus' Preaching Matters" (Mark 1:29-39)
- February 12 "Why Jesus Asks for Our Silence" (Mark 1:40-45)
- February 19 "Why Jesus Offers Forgiveness" (Mark 2:1-12)

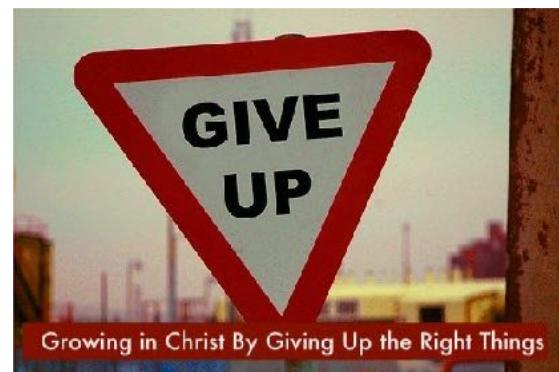
The Lenten Series

Give Up: Growing in Christ by Giving Up the Right Things

During Lent many Christians give up certain foods, drinks, or habits, e.g., chocolate, red meat, alcohol, Facebook, or smoking. Giving those up may help us focus on God or downplay our desire for bad habits.

But during worship this Lent, we focus on what God wants us to give up, not just for 40 days but forever. What happens when we give up control, expectations, feelings of superiority, our enemies, our lives, and popularity? Scripture says that a more meaningful life then begins.

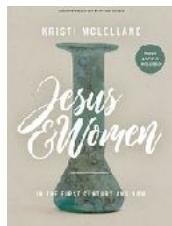
- Feb. 26 **Giving Up Control** (Matt. 2:15-17, 3:1-7; 4:1-11)
- March 5 **Giving Up Expectations** (Genesis 12:1-4; John 3:1-17)
- March 12 **Giving Up Superiority** (John 4:5-42)
- March 19 **Giving Up Enemies** (Luke 19:37-44)
- March 26 **Giving Up Our Lives** (John 12:20-33)
- April 2 **Giving Up Popularity** (Matthew 21:1-11)
- April 9 **Giving Up Death** (John 20:1-18)



Lunch and Learn: A Wednesday Time of Fellowship, Discussion, and Study

Noon to 12:55 p.m., Wednesdays, SPC fellowship hall (please bring a sack lunch)

Take an hour out of your week, bring a bag lunch, and join us Wednesdays at noon for a meal, conversation, and Bible study, as we focus on *Living the Questions in Luke*. No reading required ahead of time, just meaningful and fun conversation during lunch! Please join a variety of SPC friends for a great time together.



Adult Bible Study: Jesus and Women

Sundays, 9:30 to 10:30 a.m., SPC fellowship hall

In this series we focus on specific individuals whose lives were changed after encountering Jesus. Together we examine the historical and cultural climate of first-century Middle Eastern society, not only to understand Jesus more deeply but also to recognize his implications for us today.

Beyond Valentine's Day



About 20 years ago I was invited to be the after-dinner speaker at a Valentine's Day dinner hosted by a number of Methodist churches in Hampton. I didn't know what to speak on, so I thought I would research John Wesley, the founder of Methodism, to make the talk special.

The first fact I read about "the loves" of John Wesley was that he courted girlfriends by reading them church history. The second fact I read was that after one of his parishioners, a girlfriend in Georgia, broke up with him, he would no longer serve her communion. The third fact was that when Wesley

finally married—a widow with two children—their relationship was so strained that when he preached, she would stand in the back of the church and yell, "Hypocrite."

I chose a different topic to speak on for that particular dinner.

John Calvin would be infinitely easier to discuss at a Valentine's Day dinner. When he was 31, he also married a widow with two children. Idelette, who was nine years his senior, became the love of his life. He wrote to his friend William Farel, "She is not only good and honorable, but also handsome." When she died, he wrote, "I have been bereaved of the best companion of my life." Idelette and John's marriage involved grief, including the loss of a child, but it was a good, meaningful, and faith-filled story.

But I've never been asked to speak to a bunch of Presbyterians for Valentine's Day, so Idelette's story waits for another day.

At that Valentine's Day dinner, I ended up not talking at all about amorous love, or even about St. Valentine, about whom we know remarkably little. Instead, I spoke about 1 Corinthians 13.

That passage, written by the apostle Paul, is the scripture most frequently read at weddings. The passage, however, is not about the love between two people. It focuses on the life within a community and how difficult it can be at times. As a description of any kind of love, however, nothing is better.

So as you celebrate Valentine's Day, or as you enter Lent, or as you simply read this newsletter, please reflect on the words of 1 Corinthians 13 through the prayer on this page.

With love and blessings,
Pastor Craig

Lord,

Because love is patient...Help me to be slow to judge, but quick to listen. Hesitant to criticize, but eager to encourage, remembering your endless patience with me.

Because love is kind...Help my words to be gentle and my actions to be thoughtful. Remind me to smile and to say "please" and "thank you" because those little things still mean so much.

Because love does not envy or boast, and it is not proud...Help me have a heart that is humble and sees the good in others. May I celebrate and appreciate all that I have and all that I am, as well as doing the same for those around me.

Because love is not rude or self-seeking...Help me speak words that are easy on the ear and on the heart. When I'm tempted to get wrapped up in my own little world, remind me there's a great big world out there full of needs and hurts.

Because love is not easily angered and keeps no record of wrongs...Help me forgive others as you have forgiven me. When I want to hold onto a grudge, gently help me release it so I can reach out with a hand of love instead.

Because love does not delight in evil but rejoices with the truth...Help me stand up for what is right and good. May I defend the defenseless and help the helpless. Show me how I can make a difference.

Because love always protects and always trusts...Help me be a refuge for those around me. When the world outside is harsh and cold, may my heart be a place of acceptance and warmth.

Finally, because love always perseveres...Help my heart continually beat with love for You and others. Thank You for this day when we celebrate love, and for showing us what that word really means. Amen.

From the Director of Music

Too Measured

We talked a bit in our Wednesday noon bible study (please join us!) about the difficulty we often have accepting the new over the comfortable and familiar, and how doing so can keep us closed to the full understanding and experience of something beautiful, life-changing, and profound. There are many musical examples of this concept, one of which is exhibited in a piece our choir is preparing.

Modern written music (many of you will recognize this) is organized in “measures” or “bars,” which helps our brains to organize a large amount of data into bite-sized amounts. Three or four beats at a time is much simpler to process than an endless string of notes that stretch across the page as if forming an endless run-on sentence. (Imagine a large map with lots of locations indicated but no easy way to recognize distances or orientation.) In this way, the modern use of measures in music is very helpful.

There is another reality of this kind of notation. The use of measures dictates how music will feel when played or sung. The “downbeat” (or first beat of every measure) has more weight than the rest, and other beats are less stressed. These truths hold for everyone who is singing or playing at the same time. In this way music can be constrained by the organizing structure.

The choir has begun to work on “If Ye Love Me” by Thomas Tallis, an English composer from the 16th century. The print music they’re using is organized into measures. Unfortunately, this is not the way Tallis wrote the music. The edition we have has been edited to make it easier to read by modern singers. But with the imposition of measures, *the nature of his music and its beauty and interest is diminished*. In Tallis’ music, each individual line operates in its own ever-changing organizations of beats. It’s very complicated—and very beautiful.

Approaching the familiar asks less of us than engaging in the new. It’s easier. We don’t feel afraid when we engage what we know. But we also know, of course, that it narrows our view of what’s possible.

I know that I’m subject to this stasis on a daily basis, lacking an eagerness to discover anew what God’s love means for me or how God might be challenging me to follow, to serve, to offer grace. It is my prayer that I will find ways to be open to new challenges, even as I appreciate the safe spaces I am inclined to embrace.

May the music of our days and our faith be ever more beautiful and ever more surprising in its meaning and beauty.

Peace,
Bob

Welcome to New Choir Members

We’re excited to welcome a number of new singers to our Adult Choir. Welcome to:

*Kathleen Starr, soprano
Ken Brock, bass
Betsy Shelton, soprano
Joy Himmel, alto
Ron Himmel, bass*

I hope you’ll get to know them in the coming months.

Our current active choir roster includes 22 singers, which is very exciting! We continue to seek sopranos, tenors, and basses to help balance the sections and to help every singer participate in the best possible environment.

I hope you or someone you know will join us! Feel free to send me an email if you’re interested at shoup.robert@spcnorfolk.org.

From the Associate Pastor

Thank You from the Bottom of My Heart



The words “thank you” don’t seem adequate to express my heartfelt appreciation to the congregation of Second Presbyterian for your support over these past four and a half months as I’ve been recovering from my brain injury.

The cards, calls, texts, emails, meals, flowers, fruit baskets—all have been such welcome gifts of grace to me and my family during this time of rest and recovery. But most of all, I thank you for the prayers that have uplifted and sustained me during such an unexpected and difficult time. For all of these things, I will be forever grateful.

I am delighted to have made enough progress that I’m able to begin transitioning back into my ministry at Second. I plan to work Wednesday and Sunday mornings these next few weeks, with the hope of adding more days as I continue to recover. I’m still working hard in my therapies to regain my balance and restore my memory function. Yet I’m still struggling with reading comprehension and auditory processing—and I’m still often forgetful and easily confused—but I’m making great progress, so that is encouraging.

Please be patient with me as I return to work at my Second home. I cannot wait to be working and worshipping with you all again in the coming weeks.

Gratefully,

Catherine

“Love Your Neighbor” Is Children’s Theme for February

During February, the children of SPC will create care packages for those in need. We will be emphasizing Jesus’ teaching to love your neighbor as yourself.

Also, the children and youth will get together on a Sunday in February (to be announced soon) for a Valentine’s Day party. The party will include pizza, a valentine’s exchange, games, and more!



Helpers are needed to assist with Children’s Sunday School from 9:45 to 10:30 a.m. and in the nursery during worship from 11 a.m. to noon. For more information, contact Katrina Wansink, Director of Children’s Ministry, at 757.802.1536 or katwansink@gmail.com.

Artist Needed to Illustrate Book about SPC

At SPC, Jay Layne is the contact for all things historical. He says the church is looking for an artist to draw illustrations for a book about the history of Second Presbyterian Church. If you can help, please contact Jay at jlayne736@gmail.com. And he’s always looking for stories about Second’s past. If you have any stories to share, please send them his way.

Supporting You in Your Faith Walk: SPC's Discipleship Team

SPC's session is organized into the focus areas of Administration, Discipleship, and Mission. Here I'd like to share with you what your Discipleship team does in and for Second. I'm Peggy Troyer, currently serving as moderator, or chair, of the Discipleship team, which includes Erin Todd, Lynn Ruehlmann, Sandy Simmermon, and Lisa Dubey.



Discipleship comprises four categories of service: congregational care, education, worship, and fellowship. As a past moderator of Discipleship once said, "Basically everything that goes on within the church walls!" Well not quite, but you get the idea. Those sign-up sheets near the kitchen in the fellowship hall are easy ways to get involved with some of the work Discipleship does.

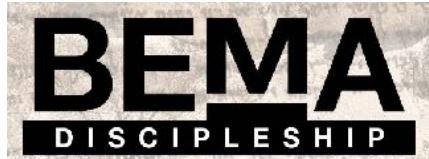
Congregational care is served by the Sunshine Committee, Take Them a Meal, College Care Packages and Prayer Shawls, as well, of course, as our clergy. Peggy Troyer chairs the Sunshines, folks who each take a month to send cards for birthdays, encouragement, and get-well wishes. Nancy Morgan arranges use of the website Take

Them a Meal, where volunteers sign up to take meals to families with a short-term need for support, whether due to an illness, injury, or the birth of a baby.

When College Care Packages are assembled mid-fall, everyone helps by providing, sorting, and packing helpful items for our college students. A Prayer Shawl is a cozy wrap given to someone in illness or bereavement. Should you knit, crochet, or tie knots to make fleece edgings, Helen Pribesh would be delighted to have you assist with making these shawls. She has patterns and suggestions, and everyone is welcome to participate.



Discipleship also makes sure there are staffing, plans, and adequate budget in place for Christian Education programs. Lisa Dubey is assisting Claire Ficker with our current Sunday adult class. Claire leads the BEMA team via Zoom Thursday evenings. Though this course has been meeting for some time, new members are always welcome. Katrina Wansink teaches the school-age youth and oversees the nursery. She maintains a list of volunteers to assist in the nursery, as we need two adults whenever children are present.



Worship has evolved through the pandemic period. While many take communion "with us" from home during streamed services, Sandy Simmermon arranges for quarterly "communion by extension," offered to at-home members

on the same day that communion is celebrated in the sanctuary, four times a year. The Greeter program is revving back up as more feel comfortable worshiping in person. Discipleship also helps with special services and seasons, such as Advent, Lent, Easter and Rally Day. Music ministry expenses are housed in Discipleship as well.

Fellowship has undergone similar changes to worship. Restarting the Men's and Women's Nights Out, where members occasionally meet at a local restaurant for a meal, is in the works. Donna Millis organizes the Women's Night Out; we are looking for someone to spearhead the men's group. Peggy Troyer is the contact if you're interested.

continued

SPC's Discipleship Team, continued



Lynn Ruehlmann oversees the Sunday morning fellowship time, working with staff member Barbara Watson. Feed my Sheep, an offshoot of the LAUNCH ministry headed by Joe Morgan, provides refreshments every third Sunday of the month. Our Chili Cook-off and Iron Chef contest play a role on Sundays as well.

During the pandemic, we established Dinner 4's, a safely spaced, reduced version of Dinners for 8 or progressive dinners, Take a Walk on the Wild Side, and the initial walk through the Garden of Lights at Norfolk Botanical Garden, which continues to be a popular holiday activity.

Discipleship also arranges and provides for special receptions. Last year we hosted the Presbytery of Eastern Virginia for a day of meetings, which included lunch and mid-morning snacks. If a funeral and reception is held at the church, Discipleship makes those arrangements as well.

And on a considerably brighter note, Discipleship covers the SPC softball team. See Dave Horner for details or a position to play! Finally, when the time is right, Discipleship will be the major player in organizing our next all-church retreat.



Administration Team Offers Update

The SPC Administration Team has been busy lately, ensuring that the Christmas decorations were taken down and properly stored; overseeing the completion of the 2021 financial audit and submitting it to the Presbytery; and addressing the holes in a couple of windowpanes in the sanctuary.

If you have any concerns we should be aware of, please talk with a team member: Pam Reed, Mark Stearns, Philip Byrd, or Wendy Horner.



During the worship service held Sunday, January 22, new session members for the class of 2023 were installed. The four new members are (from left) Lisa Dubey, Wendy Horner, Sandy Simmermon, and Mark Erickson.

Ways to Serve



Norfolk's Unsheltered Need Venues to Host Them

The City of Norfolk's shelter for people experiencing homelessness is unable to meet the growing demands for shelter. Stephanie Van Leeuwen of the Norfolk Street Choir Project and Jordan Brown of [OV] Church are heading up a group to provide additional services. They're soliciting venues to host unsheltered people for a week or more through March 31. Due to changes in the use of our building, SPC can no longer host overnight guests. If you're interested in volunteering; providing meals, snacks, or bus tickets; or washing blankets once a week, [click here](#) to sign up, or visit this link: <http://www.signupgenius.com/go/10C0D4FABAE23ABFAC70-winter2>

LAUNCH shares “Doves of Peace” around the region

SPC's LAUNCH volunteers are sharing the collaborative artwork "Doves of Peace," created in December during the LAUNCH Peace on Earth event, at venues around Hampton Roads. If you know of a potential venue, let Joe Morgan know.

For February, LAUNCH continues to need volunteers for the third Thursday food distribution February 16. Look for the sign-up email soon.



With Our Help, St. Columba Supports Those in Need



Thanks to SPC and other donors, St. Columba Ecumenical Ministries provided diverse support to people in need and those experiencing homelessness in November and December. This included food from the pantry given to numerous families and individuals, along with 89 Thanksgiving baskets of food, 190 hygiene kits, 30 coats/hats/gloves, 30 laundry cards and bus passes, and Christmas gift cards and gifts to 177 children and 109 adults.

Our mission partner's most pressing needs at this time are beef jerky sticks, bleach, men's spray deodorant, and brown paper grocery bags, which are used to give away food from the pantry. Items can be placed in the orange bin in the hallway.

St. Columba's annual fundraiser will be held Saturday, April 29, at Bayside Presbyterian Church in Virginia Beach. The event will feature dinner, entertainment, and a silent auction with an array of gift baskets. Tickets will be available in late February. Be on the lookout for further announcements.

Greeters Wanted for Sunday Worship

Show visitors and new members why SPC became known as "the friendly church." Be the face of hospitality for by serving as a Sunday greeter. Contact Kevin Kittredge with any questions at kkittredge1@gmail.com.

There is definitely a place for you at Second Presbyterian!

SPC February Calendar

Wednesday, February 1

Benjamin Shoup's Birthday

The office is open 10:30AM to 1:30PM
Men's Bible Study: 6:30AM [FH]
Brown Bag Bible Study: Noon [FH]
Choir Rehearsal: 7:30PM [Sanctuary]

Thursday, February 2

The office is open 10:30AM to 1:30PM
Essentrics Exercise: 1PM [Zoom & FH]
BEMA Bible Study: 7:30PM [Zoom]

Friday, February 3

Marty Terry's Birthday

Men's Breakfast: 7AM [FH]

Saturday, February 4

No activities

Sunday, February 5

The office is open 9:30AM to 12:30PM
Choir Rehearsal: 9AM [Sanctuary]
Adult Sunday School: 9:30AM [FH]
Children's Sunday School: 9:45AM [SPC]
Worship: 11AM [Sanctuary/webcast]
Fellowship Hour: Noon [FH]
"Hollywood, Teach Us to Pray" fundraiser for NSCP: 7PM, Naro Cinema

Monday, February 6

No activities

Tuesday, February 7

The office is open 10:30AM to 1:30PM
Essentrics Exercise: 1PM [Zoom & FH]

Wednesday, February 8

The office is open 10:30AM to 1:30PM
Men's Bible Study: 6:30AM [FH]
Brown Bag Bible Study: Noon [FH]
Pizza, Salad, & Spiritual Health with Rev. Dr. Larry Toney: 6PM [FH]
Choir Altos Section Work: 7:30PM

Thursday, February 9

Peggy McPhillips' & Sandra Stearns' Birthdays

The office is open 10:30AM to 1:30PM
Essentrics Exercise: 1PM [Zoom & FH]
BEMA Bible Study: 7:30PM [Zoom]

Friday, February 10

Sean Franklin's & Alice Allen-Grimes' Birthdays

Men's Breakfast: 7AM [FH]

Saturday, February 11

Linda West's Birthday

No activities

Sunday, February 12

The office is open 9:30AM to 12:30PM
Adult Sunday School: 9:30AM [FH]
Children's Sunday School: 9:45AM [SPC]
Worship: 11AM [Sanctuary/webcast]
Fellowship Hour: Noon [FH]

Monday, February 13

No activities

Tuesday, February 14

The office is open 10:30AM to 1:30PM
Triple S Circle Meeting: 10:30AM [FH]
Essentrics Exercise: 1PM [Zoom & FH]

Wednesday, February 15

Anne Baylor's Birthday

The office is open 10:30AM to 1:30PM
Men's Bible Study: 6:30AM [FH]
Brown Bag Bible Study: Noon [FH]
Choir Rehearsal: 7:30PM [Sanctuary]

Thursday, February 16

Ben Foster's Birthday

The office is open 10:30AM to 1:30PM
Essentrics Exercise: 1PM [Zoom & FH]
BEMA Bible Study: 7:30PM [Zoom]

Friday, February 17

Jess Grimes' & Andrea Phelps' Birthdays

Men's Breakfast: 7AM [FH]

Saturday, February 18

No activities

Sunday, February 19

Phil Lingamfelter's & Catherine Hart Monroe's Birthdays

The office is open 9:30AM to 12:30PM
Choir Rehearsal: 9AM [Sanctuary]
Adult Sunday School: 9:30AM [FH]
Children's Sunday School: 9:45AM [SPC]
Worship: 11AM [Sanctuary/webcast]
Fellowship Hour: Noon [FH]

Monday, February 20

No activities

Tuesday, February 21

The office is open 10:30AM to 1:30PM
Essentrics Exercise: 1PM [Zoom & FH]
Shrove Tuesday Pancakes: 4:30-6PM [Parking lot & FH]

Session Meeting: 6PM [SPC]

Wednesday, February 22

The office is open 10:30AM to 1:30PM
Men's Bible Study: 6:30AM [FH]
The Seven Symbols of Ash & a New Start: 5:45 meal [FH], 6:30 worship [sanctuary/webcast]
Choir Sopranos Section Work: 7:30PM

Thursday, February 23

Jared Jung's Birthday

The office is open 10:30AM to 1:30PM
Essentrics Exercise: 1PM [Zoom & FH]
BEMA Bible Study: 7:30PM [Zoom]

Friday, February 24

William Wooldridge's Birthday

Men's Breakfast: 7AM [FH]

Saturday, February 25

No activities

Sunday, February 26

The office is open 9:30AM to 12:30PM
Adult Sunday School: 9:30AM [FH]
Children's Sunday School: 9:45AM [SPC]
Worship: 11AM [Sanctuary/webcast]

Monday, February 27

No activities

Tuesday, February 28

The office is open 10:30AM to 1:30PM
Essentrics Exercise: 1PM [Zoom & FH]

FH = SPC Fellowship Hall

Trouble hearing the worship service in the sanctuary? Hearing-assist devices are in the audio-video room adjacent to the lobby.

About Second Presbyterian Church

7305 Hampton Blvd., Norfolk, VA 23505 | 757.423.2822 | spcnorfolk.org | [facebook.com/secondpresbyterianfolk](https://www.facebook.com/secondpresbyterianfolk)
Office hours: Tuesdays, Wednesdays, and Thursdays 10:30 a.m. to 1:30 p.m.; Sundays 9:30 a.m. to 12:30 p.m.

- Dr. Craig Wansink, Senior Pastor: 757.412.7467, cwansink@vnu.edu
- Rev. Catherine Hart Monroe, Covenant Associate Pastor: 757.287.9897, revcat@spcnorfolk.org
- Robert Shoup, Director of Music: 757.739.9444, shoup.robert@spcnorfolk.org
- Jo Ridout Kolb, Director of Communications & Administration: 757.406.0879, jokolb@spcnorfolk.org
- Katrina Wansink, Director of Children's Ministry & Nursery: 757.802.1536, katwansink@gmail.com
- Tom Libbey, Facilities Manager; Joe Morgan, Maintenance Specialist; Barbara Watson, Housekeeper